

# ACHS LUNCH MENU—SEPTEMBER 2017

Mon	Tue	Wed	Thu	Fri
	<b>Offered Daily</b>  <b>Smart Mouth Pizza</b> Variety of Grab & Go Salads and Sandwiches			<sup>1</sup> Cheeseburger or Petra's Chicken wrap Peppers & Onions Lettuce, Tomato, Onion Steamed Corn /Baked Potato Fruit Juice Sorbet Fresh Fruit
<sup>6</sup> Labor Day Holiday	<sup>5</sup> BBQ Chicken Sandwich or Hotdog w/Chili on Bun Creamy Coleslaw Sweet Potato Bites Baked Beans Strawberry Cup Fresh Fruit	<sup>6</sup> Mozzarella Cheese Dippers w/Marinara Sauce or Oven Roasted Chicken w/Gravy & Roll Mashed Potatoes Steamed Peas /Garden Salad Peach Cup/Fresh Fruit	<sup>7</sup> Hot Ham & Cheese or Cheeseburger on Bun Lettuce, Tomato, Onion, & Pick- les Seasoned Baby Potatoes Steamed Broccoli Fruit Juice Sorbet Fresh Fruit	<sup>8</sup> Chicken Nuggets w/Roll Rib- a - Que On Bun Mashed Potatoes Green Beans Diced Pears Fresh Fruit
<sup>11</sup> Spicy/Regular Chicken Filet on Bun or Baked Lasagna Garlic Breadsticks Garden Salad Potato Tots Sliced Peaches/Fresh Fruit	<sup>12</sup> Taco w/Flour Tortilla or Chicken Fajita Wrap Black Beans/Fiesta Steamed Corn Lettuce/Diced Tomatoes/Salsa Sour Cream Applesauce Cup/Fresh Fruit	<sup>13</sup> Pork BBQ or Hotdog w/Chili on Bun Creamy Coleslaw Tater Tots Baked Beans Mixed Fruit Fresh Pear	<sup>14</sup> Oven Roasted Chicken w/Gravy & Roll or Cheeseburger on Bun Lettuce, Tomato, Onion, & Pick- les Mashed Potatoes Green Beans	<sup>15</sup> Mozzarella Cheese Dippers w/Marinara Sauce or Ranch Chicken Wrap w/ Lettuce & Diced Tomatoes Steamed Carrots/Garden Salad Garlic Parmesan Broccoli Sliced Pears/ Fresh Fruit
<sup>18</sup> Baked Ham Or Chicken Tenders w/ Roll Macaroni & Cheese Steamed Broccoli Sweet Potato Tots Pineapple Tidbits Fresh Fruit	<sup>19</sup> Chicken Pot Pie or Cheeseburger on Bun Lettuce, Tomato, Onion, & Pick- les Tater Tots Steamed Peas & Carrots Strawberry Cup	<sup>20</sup> Spicy/Regular Chicken Filet on Bun or Baked Spaghetti w/Garlic Toast Lettuce & Tomato Garden Salad Baked Fries Diced Pears Fresh Fruit	<sup>21</sup> Chicken Stir Fry w/ Rice or Mozzarella Cheese Dippers w/Marinara Sauce Steamed Carrots Steamed Broccoli Cinnamon Rolls Applesauce Cups/Fresh	<sup>22</sup> Chicken & Waffles w/Syrup or Hot Ham & Cheese on Bun Seasoned Potato Wedges Fresh Veggie Cup w/ Ranch Steamed Peas Blueberry Cup
<sup>25</sup> ACP Chicken w/ Rice or Mozzarella Cheese Dippers w/Marinara Sauce Steamed Carrots/Garden Salad Refried Beans Sliced Peaches/ Fresh Fruit	<sup>26</sup> Taco w/Flour Tortilla or Petra's Chicken Fajita Wrap Black Beans/Fiesta Steamed Corn Lettuce/Diced Tomatoes/Salsa Sour Cream Applesauce Cup/Fresh Fruit Million Dollar Cookie	<sup>27</sup> Spicy/Regular Chicken Filet on Bun or Baked Lasagna Garlic Breadsticks Garden Salad Potato Tots Sliced Peaches/Fresh Fruit	<sup>28</sup> Salisbury Steak & Gravy w/Roll or Cheeseburger on Bun Lettuce, Tomato, Onion Mashed Potatoes/Steamed Corn Fruit Juice Sorbet Fresh Fruit	<sup>29</sup> Chicken Nuggets / Roll Baked Ham Mashed Potatoes Coleslaw Parmesan Baked Broccoli Diced Pears

**USDA is an equal opportunity provider and employer.**