


ACHS LUNCH MENU OCT 2017

MON	TUE	WED	THU	FRI
2 Hamburger /Cheese on WG Bun or Pinto Beans/Cornbread Boiled Cabbage/Mashed Potatoes Lettuce/ Tomato/Onions Diced Tomatoes Strawberry Cup Fresh Fruit	3 Beef Taco w/ Flour Tortilla Or Cheese Quesadilla w/Salsa Steamed Corn/Refried Beans Shredded Lettuce & Tomato Applesauce Million Dollar Cookie Fresh fruit	4 Hotdog w/Chili on Bun Or Chicken Enchilada/Spanish Rice Creamy Coleslaw Baked Beans/Potato Rounds Peach Cups Fresh Fruit	5 Chicken Nuggets/Roll Or Baked Ham Sweet Potato Chunks Steamed Broccoli Macaroni & Cheese Pineapple Tidbits Fresh Fruit	6 Spicy / Regular Chicken Filet/ Bun Or Southwest Soup w/ Tortilla Chips Seasoned Baby Potatoes Lettuce & Tomato Tossed Salad Sliced Pears Fresh Fruit
9 Hotdog on WG Bun w/ Chili/ Onions Or Salisbury Steak w/Roll Mashed Potatoes Creamy Carrot Coleslaw Steamed Broccoli Sliced Peaches/ Fresh Fr	10 Breakfast Around the Clock w/Sausage Scrambled Eggs/Biscuit/Gravy Or Corndog Potato Rounds Carrot Strips w/FF Ranch Tossed Salad Baked Apples/ Fresh Fruit	11 Cheese Sticks w/Marinara Sauce Or Lasagna w/Yeast Roll Steams Carrots Fresh Garden Salad Sliced Pears Fresh Fruit	12 Chicken and Waffles Or Southwest Soup w/Tortilla Chips Seasoned Baby Potatoes Lettuce Leaf & Sliced Tomato Broccoli/Grape Tomato Cup Sliced Pears	13 Nacho Beef & Cheese Or Cheese Quesadilla Black Beans/ Salsa Tossed Salad/Steamed Corn Shredded Lettuce & Diced Tomato Applesauce Cup/Strawberry Cobbler
16 Cheeseburger on Bun or Chicken Pie Lettuce/Tomato/Onions Steamed Peas Crinkle Fries Sliced Pears /Fresh Apple	17 Spicy / Regular Chicken filet /Bun Or Pinto Beans w/Cornbread Mashed Potatoes /Lettuce & Tomato Mustard Greens/Boiled Cabbage Canned Diced Tomatoes /Onions Sliced Peaches/Orange	18 Vegetable Beef Soup w/Crackers Grilled Cheese Hotdog/Chili/Onions Coleslaw/Baked Beans Carrot Strips Mixed Fruit/Fresh Apple	19 Beef Taco w/ Flour Tortilla Or Cheese Quesadilla w/Salsa Steamed Corn/refried Beans Shredded Lettuce & Tomato Tossed Salad Applesauce / Strawberry Cup	20 Chicken Fajita Strips Or Baked Ham Baked Sweet Potato Green Beans Macaroni & Cheese Pineapple Tidbits
23 ACP Chicken w/Queso & Rice or Mozzarella Cheese Dippers w/ Marina- ra Sauce Steamed Broccoli / Garden Salad Refried Beans//Salsa Sliced Peaches/ Fresh fruit	24 Breakfast Around Clock w/Sausage/Eggs/ Biscuit/Gravy or Corndog Potato Rounds/Tossed Salad Carrot Strips w/FF Ranch Baked Apples/ Fresh Fruit	25 <i>EARLY RELEASE</i> Hamburger / Sliced Cheese / Bun Or Pizza Baked Fries/Steamed Corn Lettuce/ Tomato / Onions Sliced Pears/Fresh Fruit	26 Chicken Fillet on Bun Baked Lasagna w/Roll Seasoned Baked Potato Wedges Lettuce Leaf & Tomato Tossed Salad Applesauce Cup/Brownie	27 Hotdog w/Chili on Bun Or Chicken Enchilada Creamy Coleslaw Potato Rounds Stir fry Vegetable Peach Cups/ Fresh Fruit
30 Chicken Nuggets w/Yeast Roll Or Pinto Beans w/Cornbread Mashed Potatoes Mustard Greens/Diced Tomatoes Sliced Peaches Fresh Fruit	31 Vegetable Beef or Chicken Noodle Soup w/Crackers Grilled Cheese Or Corndog w/Mustard Broccoli Floret Bites w/FF Ranch Lettuce Leaf & Tomato/ Baked Fries Orange Slices / Fresh Fruit Fresh Apple	 <p>Offered Daily Smart Mouth Pizza Variety of Grab & Go Salads and Sandwiches</p>		

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